

**2<sup>nd</sup> August 2020 8<sup>th</sup> Sunday after Trinity**

**Psalm 17:1-7, 16**

A Prayer of David.

- <sup>1</sup> Hear a just cause, O Lord; attend to my cry;  
give ear to my prayer from lips free of deceit.
- <sup>2</sup> From you let my vindication come;  
let your eyes see the right.
- <sup>3</sup> If you try my heart, if you visit me by night,  
if you test me, you will find no wickedness in me;  
my mouth does not transgress.
- <sup>4</sup> As for what others do, by the word of your lips  
I have avoided the ways of the violent.
- <sup>5</sup> My steps have held fast to your paths;  
my feet have not slipped.
- <sup>6</sup> I call upon you, for you will answer me, O God;  
incline your ear to me, hear my words.
- <sup>7</sup> Wondrously show your steadfast love,  
O saviour of those who seek refuge  
from their adversaries at your right hand.

This is the word of the Lord.

*All*        **Thanks be to God.**

**Romans 9:1-5**

I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit— I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed for ever. Amen.

This is the word of the Lord.

*All*        **Thanks be to God.**

## **Gospel Acclamation**

Alleluia, alleluia, Speak Lord for your servant is listening.  
You have the words of eternal life

*All*    **Alleluia**

Hear the Gospel of our Lord Jesus Christ according to Matthew

*All*    **Glory to you, O Lord.**

## **Gospel Reading**

### **Matthew 14: 13-21**

Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, 'This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.' Jesus said to them, 'They need not go away; you give them something to eat.' They replied, 'We have nothing here but five loaves and two fish.' And he said, 'Bring them here to me.' Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

This is the Gospel of the Lord.

*All*    **Praise to you, O Christ.**

**Sunday 9<sup>th</sup> August 9<sup>th</sup> Sunday after Trinity**

**Psalm 105: 1-6, 16-22, 45b**

O give thanks to the Lord, call on his name,  
make known his deeds among the peoples.  
Sing to him, sing praises to him;  
tell of all his wonderful works.  
Glory in his holy name;  
let the hearts of those who seek the Lord rejoice.  
Seek the Lord and his strength;  
seek his presence continually.  
Remember the wonderful works he has done,  
his miracles, and the judgements he has uttered,  
O offspring of his servant Abraham,  
children of Jacob, his chosen ones.

When he summoned famine against the land,  
and broke every staff of bread,  
he had sent a man ahead of them,  
Joseph, who was sold as a slave.  
His feet were hurt with fetters,  
his neck was put in a collar of iron;  
until what he had said came to pass,  
the word of the Lord kept testing him.  
The king sent and released him;  
the ruler of the peoples set him free.  
He made him lord of his house,  
and ruler of all his possessions,  
to instruct his officials at his pleasure,  
and to teach his elders wisdom.  
that they might keep his statutes  
and observe his laws.  
Praise the Lord!

*All*            This is the word of the Lord.  
                  **Thanks be to God.**

**Romans 10:5-15**

Moses writes concerning the righteousness that comes from the law, that ‘the person who does these things will live by them.’ But the righteousness that comes from faith says, ‘Do not say in your heart, “Who will ascend into heaven?” ’ (that is, to bring Christ down) ‘or “Who will descend into the abyss?” ’ (that is, to bring Christ up from the dead). But what does it say?  
‘The word is near you,  
on your lips and in your heart’  
(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, ‘No one who believes

in him will be put to shame.’ For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, ‘Everyone who calls on the name of the Lord shall be saved.’

But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, ‘How beautiful are the feet of those who bring good news!’

This is the word of the Lord.

*All*        **Thanks be to God.**

### **Gospel Acclamation**

Alleluia, alleluia, Speak Lord for your servant is listening.  
You have the words of eternal life

*All*        **Alleluia**

Hear the Gospel of our Lord Jesus Christ according to Matthew

*All*        **Glory to you, O Lord.**

### **Gospel Reading**

#### **Matthew 14:22-33**

Immediately he made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking towards them on the lake. But when the disciples saw him walking on the lake, they were terrified, saying, ‘It is a ghost!’ And they cried out in fear. But immediately Jesus spoke to them and said, ‘Take heart, it is I; do not be afraid.’

Peter answered him, ‘Lord, if it is you, command me to come to you on the water.’ He said, ‘Come.’ So Peter got out of the boat, started walking on the water, and came towards Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, ‘Lord, save me!’ Jesus immediately reached out his hand and caught him, saying to him, ‘You of little faith, why did you doubt?’ When they got into the boat, the wind ceased. And those in the boat worshipped him, saying, ‘Truly you are the Son of God.’

This is the Gospel of the Lord.

*All*        **Praise to you, O Christ.**

## Sunday 16<sup>th</sup> August 10<sup>th</sup> Sunday after Trinity

### Psalm 133

A Song of Ascents.

How very good and pleasant it is  
when kindred live together in unity!  
It is like the precious oil on the head,  
running down upon the beard,  
on the beard of Aaron,  
running down over the collar of his robes.  
It is like the dew of Hermon,  
which falls on the mountains of Zion.  
For there the Lord ordained his blessing,  
life for evermore.

This is the word of the Lord.

*All*        **Thanks be to God.**

### Romans 11:1-2a, 29-32

I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew. Do you not know what the scripture says of Elijah, how he pleads with God against Israel? for the gifts and the calling of God are irrevocable. Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.

This is the word of the Lord.

*All*        **Thanks be to God.**

## Gospel Acclamation

Alleluia, alleluia, Speak Lord for your servant is listening.  
You have the words of eternal life

*All* Alleluia

Hear the Gospel of our Lord Jesus Christ according to Matthew

*All* Glory to you, O Lord.

## Gospel Reading

### Matthew 15: 10-28

Then he called the crowd to him and said to them, 'Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles.' Then the disciples approached and said to him, 'Do you know that the Pharisees took offence when they heard what you said?' He answered, 'Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit.' But Peter said to him, 'Explain this parable to us.' Then he said, 'Are you also still without understanding? Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? But what comes out of the mouth proceeds from the heart, and this is what defiles. For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. These are what defile a person, but to eat with unwashed hands does not defile.'

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, 'Have mercy on me, Lord, Son of David; my daughter is tormented by a demon.' But he did not answer her at all. And his disciples came and urged him, saying, 'Send her away, for she keeps shouting after us.' He answered, 'I was sent only to the lost sheep of the house of Israel.' But she came and knelt before him, saying, 'Lord, help me.' He answered, 'It is not fair to take the children's food and throw it to the dogs.' She said, 'Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table.' Then Jesus answered her, 'Woman, great is your faith! Let it be done for you as you wish.' And her daughter was healed instantly.

This is the Gospel of the Lord.

*All* Praise to you, O Christ.

**Sunday 23<sup>rd</sup> August**

**11<sup>th</sup> Sunday after Trinity**

**Psalm 124**

A Song of Ascents. Of David.

If it had not been the Lord who was on our side

—let Israel now say—

if it had not been the Lord who was on our side,

when our enemies attacked us,

then they would have swallowed us up alive,

when their anger was kindled against us;

then the flood would have swept us away,

the torrent would have gone over us;

then over us would have gone

the raging waters.

Blessed be the Lord,

who has not given us

as prey to their teeth.

We have escaped like a bird

from the snare of the fowlers;

the snare is broken,

and we have escaped.

Our help is in the name of the Lord,

who made heaven and earth.

This is the word of the Lord.

*All*        **Thanks be to God.**

**Romans 12:1-8**

I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect.

For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgement, each according to the measure of faith that God has assigned. For as in one body we have many members, and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

This is the word of the Lord.

*All*        **Thanks be to God.**

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## **Gospel Reading**

### **Matthew 16:13-20**

Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, 'Who do people say that the Son of Man is?' And they said, 'Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets.' He said to them, 'But who do you say that I am?' Simon Peter answered, 'You are the Messiah, the Son of the living God.' And Jesus answered him, 'Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.' Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

This is the Gospel of the Lord.

*All*    **Praise to you, O Christ.**

**Sunday 30<sup>th</sup> August 2020 12<sup>th</sup> Sunday after Trinity**

**Psalm 105:1-6, 23-26, 45b**

O give thanks to the Lord, call on his name,  
make known his deeds among the peoples.  
Sing to him, sing praises to him; tell of all his wonderful works.  
Glory in his holy name;  
let the hearts of those who seek the Lord rejoice.  
Seek the Lord and his strength; seek his presence continually.  
Remember the wonderful works he has done,  
his miracles, and the judgements he has uttered,  
O offspring of his servant Abraham,  
children of Jacob, his chosen ones.  
Then Israel came to Egypt;  
Jacob lived as an alien in the land of Ham.  
And the Lord made his people very fruitful,  
and made them stronger than their foes,  
whose hearts he then turned to hate his people,  
to deal craftily with his servants.  
He sent his servant Moses,  
and Aaron whom he had chosen.  
that they might keep his statutes  
and observe his laws.  
Praise the Lord!

*All*            This is the word of the Lord.  
                  **Thanks be to God.**

**Romans 12:9-end**

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honour. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers.

Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, 'Vengeance is mine, I will repay, says the Lord.' No, 'if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.' Do not be overcome by evil, but overcome evil with good.

*All*            This is the word of the Lord.  
                  **Thanks be to God.**

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## **Gospel Reading**

### **Matthew 16:21-end**

From that time on, Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, 'God forbid it, Lord! This must never happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are a stumbling-block to me; for you are setting your mind not on divine things but on human things.'

Then Jesus told his disciples, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life?

'For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom.'

This is the Gospel of the Lord.

*All*    **Praise to you, O Christ.**